

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2009



Mountain Valley Manor Activities Calendar

<p>4</p> <p>9:00 Sunday Papers (LR) 10:00 Quaker Meeting (UL) 10:00 Card Games (LR) 1:30 Sunday Opera (UL) 2:00 Trivia (LR) 6:00 Evening Movie (UL)</p>	<p>5</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 Knitting/Crochet (LR) 1:30 Shopping @ Walmart 4:00 UNO (UL) 5:45 BINGO (DR) 6:30 Evening Movie (UL)</p>	<p>6</p> <p>9:00 Morning Exercise (UL) 9:00 Hairdresser (Salon) 9:30 News w/Shirley (LR) 10:00 Travelogue (UL) 1:30 Holiday Un-decorating 3:30 Finish Lines (LR) 4:15 Current Events (LR) 6:00 Evening Movie (UL)</p> <p>Epiphany</p>	<p>7</p> <p>9:00 Morning Exercise (UL) 9:00 Hairdresser (Salon) 9:30 News w/Shirley (LR) 10:00 BINGO (LR) 1:15 Lifestories Circle (UL) 2:15 Christian Services (UL) 3:30 Hot Chocolate Party! 4:00 Finish Lines (LR) 6:00 Evening Movie (UL)</p>	<p>1</p> <p>9:00 Morning Newspapers 10:00 Deep Sea Documentary (UL) 10:30 Cards (UL) 1:30 Movie "Casanova's Big Night" (UL) 3:00 Word Games 6:00 Evening Movie (UL)</p> <p>New Year's Day</p>	<p>2</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 Music of different Lands (LR) 1:30 Book Club (LR) 3:00 Trivia Challenge (LR) 4:00 Happy Hour! (LR) 6:00 Evening Movie (UL)</p>	<p>3</p> <p>9:00 Morning Exercise (UL) 9:00 Morning Newspapers 10:00 Crafter's Corner (UL) 1:15 Monopoly (UL) 3:30 BINGO (LR) 6:00 Evening Movie (UL)</p>
<p>11</p> <p>9:00 Morning Exercise (UL) 9:00 Sunday Papers (LR) 10:00 Quaker Meeting (UL) 10:00 Sculpting (DR) 1:30 Sunday Opera (UL) 2:00 "Follies"- a play (\$20) 6:00 Evening Movie (UL)</p>	<p>12</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 SCRABBLE (UL) 12:45 Resident Council (UL) 3:00 Book Club (UL) 5:45 Board Games (UL) 6:30 Evening Movie (UL)</p>	<p>13</p> <p>9:00 Morning Exercise (UL) 9:00 Hairdresser (Salon) 9:30 News w/Shirley (LR) 10:00 Travelogue (UL) 1:30 Shopping @ Walmart 4:00 Current Events (LR) 6:00 Evening Movie (UL)</p>	<p>14</p> <p>9:00 Morning Exercise (UL) 9:00 Hairdresser (Salon) 9:30 News w/Shirley (LR) 10:00 BINGO (LR) 1:15 Lifestories Circle (UL) 2:15 Christian Services (UL) 3:30 Hot Chocolate Party! 4:00 Finish Lines (LR) 6:00 Evening Movie (UL)</p>	<p>15</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 Manicures! (LR) 10:00 Rosary & Prayer (UL) 1:30 Shopping Expedition 1:30 Documentary Dujour 6:00 Evening Movie (UL)</p> <p>National Hat Day- wear a hat to get a prize!</p>	<p>16</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 Music of different Lands (LR) 1:15 SPCA Volunteering 4:00 Happy Hour! (LR) 6:00 Evening Movie (UL)</p>	<p>17</p> <p>9:00 Morning Exercise (UL) 9:00 Morning Newspapers 10:00 Crafter's Corner (UL) 1:15 Monopoly (UL) 3:30 BINGO (LR) 6:00 Evening Movie (UL)</p>
<p>18</p> <p>9:00 Sunday Papers (LR) 10:00 Quaker Meeting (UL) 1:30 Sunday Opera (UL) 3:00 Poker (UL) 6:00 Evening Movie (UL)</p>	<p>19</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 Knitting/Crochet (LR) 1:30 Shopping @ Walmart 4:00 UNO (UL) 5:45 BINGO (DR) 6:30 Evening Movie (UL)</p> <p>Dr. Martin Luther King, Jr. Day</p>	<p>20</p> <p>9:00 Morning Exercise (UL) 9:00 Hairdresser (Salon) 9:30 News w/Shirley (LR) 10:00 Travelogue (UL) 1:30 Book Club (UL) 3:30 Current Events (LR) 6:00 Evening Movie (UL)</p>	<p>21</p> <p>9:00 Morning Exercise (UL) 9:00 Hairdresser (Salon) 9:30 News w/Shirley (LR) 10:00 BINGO (LR) 1:15 Lifestories Circle (UL) 2:15 Christian Services (UL) 3:30 Hot Chocolate Party! 4:00 Finish Lines (LR) 6:00 Evening Movie (UL)</p>	<p>22</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 Manicures! (LR) 10:00 Rosary & Prayer (UL) 1:30 Shopping Expedition 1:30 Documentary Dujour 4:00 Word Games (LR) 6:00 Evening Movie (UL)</p>	<p>23</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 Music of different Lands (LR) 1:30 Visit Port Ewen Library 4:00 Chinese New Year Party! (LR) 6:00 Evening Movie (UL)</p>	<p>24</p> <p>9:00 Morning Newspapers 10:00 Wii Games (UL) 1:30 Poker (UL) 3:00 Hangman (LR) 6:00 Evening Movie (UL)</p>
<p>25</p> <p>9:00 Morning Exercise (UL) 9:00 Sunday Papers (LR) 10:00 Communion Service 1:30 Sunday Opera (UL) 3:15 Kairos Concert (Free) 6:00 Evening Movie (UL)</p>	<p>26</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 SCRABBLE (UL) 1:30 Shopping @ Walmart 5:45 Board Games (UL) 6:30 Evening Movie (UL)</p> <p>Chinese New Year</p>	<p>27</p> <p>9:00 Morning Exercise (UL) 9:00 Hairdresser (Salon) 9:30 News w/Shirley (LR) 10:00 Travelogue (UL) 1:00 Bake Cupcakes (DR) 2:30 Book Club (UL) 6:00 Evening Movie (UL)</p> <p>National Chocolate Cake Day!</p>	<p>28</p> <p>9:00 Morning Exercise (UL) 9:00 Hairdresser (Salon) 9:30 News w/Shirley (LR) 10:00 BINGO (LR) 1:15 Lifestories Circle (UL) 2:15 Christian Services (UL) 3:30 Hot Chocolate Party! 4:00 Finish Lines (LR) 6:00 Evening Movie (UL)</p>	<p>29</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 Manicures! (LR) 10:00 Rosary & Prayer (UL) 1:30 Shopping Expedition 1:30 Documentary Dujour 4:00 Word Games (LR) 6:00 Evening Movie (UL)</p>	<p>30</p> <p>9:00 Morning Exercise (UL) 9:30 News w/Shirley (LR) 10:00 Music of different Lands (LR) 1:15 Drive in the Country 4:00 Happy Hour! (LR)</p>	<p>31</p> <p>9:00 Morning Exercise (UL) 9:00 Morning Newspapers 10:00 Crafter's Corner (UL) 1:30 "How to Compose a painting" w/ Meyer (UL) 3:00 Games (UL) 6:00 Evening Movie (UL)</p>