

## **PERSONALIZE YOUR STAY AT MOUNTAIN VALLEY MANOR (Checklist)**

**IN ADDITION TO PACKING THE ESSENTIALS FOR YOUR LOVED ONE, THERE ARE OTHER ITEMS THAT ARE ESSENTIAL FOR RESIDENTS' MENTAL HEALTH. ACCLIMATING OUR RESIDENTS AS QUICKLY AS POSSIBLE TO HIS/HER NEW HOME IS ONE OF OUR MAIN GOALS AT MVM. BELOW ARE SOME SUGGESTIONS THAT MAKE THE TRANSITION MUCH EASIER.**

**1. \_\_\_\_\_ We place a shadow box with a picture of each resident outside his/her door. This box is important for a number of reasons. First, it allows the other residents to learn the name and origin of the new resident. This, in turn, makes your family member feel more welcome. Second, it helps prevent confusion when residents return to their rooms. Third, the inside of this box contains vital health information essential to our staff.**

**PLEASE PROVIDE US WITH AN UPDATED PHOTOGRAPH OF YOUR LOVED ONE AND WE CAN COPY IT AND RETURN IT TO YOU THE SAME DAY.**

**2. \_\_\_\_\_ All bedding is provided, but please consider bringing their *OWN* blankets and pillows for comfort.**

**3. \_\_\_\_\_ Framed photographs, artwork, quilts, throw pillows, floral arrangements, books, photo albums, and knick knacks all create a warmer ambience for his/her room.**

**4. \_\_\_\_\_ An updated phone book with all names, numbers, and addresses in large print.**

**5. \_\_\_\_\_ Radios, record players, CD players, DVD/VHS, computers and televisions are encouraged. We do have a library of DVDs and VHS tapes available for loan.**

**6. \_\_\_\_\_ Recipe book. Our chef Dominic Ng, is always open to new ideas and will try to incorporate your family member's favorite recipes into his repertoire.**

**7. \_\_\_\_\_ Stationery with pens and pencils.**

**8. \_\_\_\_\_ Favorite coffee mug or tea cup.**